



Summer Camp Packing List

You know your camper's needs best, so use this as a guide and customize as needed. Pack everything in whatever works for you: duffel bag, plastic storage bin, etc. If you'd like to use under-the-bed storage (not required), beds are 12 inches high. We recommend that you label all personal items with your camper's name.

Clothing

- 7-10 t-shirts
- 5-7 shorts
- 2-3 pairs pants or jeans
- 7-10 underthings
- 10 pairs of socks
- 2-3 sets of pajamas
- Light jacket or hoodie
- Rain jacket or poncho

Swimgear

- 2 beach towels
- 2 swimsuits (tankini or 1 piece for girls/board shorts for boys)
- Swimshirt (optional)

Footwear

- Closed toe shoes
- Water shoes (covered toe-box and heel support/strap; no Crocs)
- Shower shoes (Crocs/sandals okay)

Bedding

- Pillow
- Sleeping bag (for Sukkahs and campouts)
AND/OR
- Twin sheets & blanket (for Cabins)

Bath

- 2 bath towels
- 2 washcloths
- Toiletries (shampoo, conditioner,

bodywash, toothbrush/paste, hairbrush, deodorant, etc.)

NEW!

- 5-8 Cloth face masks + ziploc for storage
- Small backpack/day pack

Other Suggested Items

- 2 water bottles (required, preferably 1 liter each)
- Hat
- Sunglasses
- Bandanas/buffs
- Bible
- Sunscreen
- Bug spray
- Flashlight/headlamp + extra batteries
- Journal & pen
- Book(s)
- Deck of cards
- Stuffed animal
- Dirty clothes bag
- Hammock & tarp (optional)

Multi-Week Campers

- Summer 2022 t-shirt
(one shirt per camper; effective 2022)

Please pack medications in original packaging. Epi-pens and inhalers should be labeled and placed in ziploc bags.

(see back for activity-specific needs)

Activity-Specific Needs:

Explore +, all 4 - 6th grade, 7th - 9th, & 9th - 12th Camps: will spend at least one night camping onsite. Bring a sleeping bag, flashlight, small backpack to pack clothes in for the overnight, and a hammock if you would like.

Canoeing: All canoeing gear is provided. For H2O Advententor, Shenandoah Canoe, or and camp going on the River, bring 1 set of synthetic/non-cotton clothing, closed-toe paddling shoes that will dry easily, a hat, and sunglasses with a strap.

Culinary: All cooking equipment and ingredients are provided. We recommend you bring an apron.

Night or Hammock Hangout: Bring a hammock and straps, plus playing cards and any other “hangout” things.

Hiking: Bring hiking boots or sturdy shoes (recommended with ankle support and broken in), tall socks, and a small backpack (we have daypacks available if needed).

Horse: Please bring a pair of jeans, boots or sturdy shoes w/heel, and tall socks. Riding helmets are provided, but you may bring your own (ASTM/SEI certified).

Rock Climbing: All climbing gear is provided. Bring a pair of pants or shorts that are long enough to comfortably fit under a climbing harness without bunching (5” inseam or longer), plus the items listed in the hiking section.

Caving: Boots (hiking style, work boots, or military) or old sneakers that can get muddy, An outer clothing layer that can be muddied, and then removed when we exit the cave (blue jeans, work pants or old sweat pants, and a long sleeve shirt layer or old hoodie). Coveralls are great if you have them, but do not bring a disposable paint-suit. It is best then to have other clothes underneath the outer layer (like shorts and a t-shirt), so when we exit the cave, the muddy stuff can simply be “peeled off” without any modesty issues. Don’t expect privacy; there is often no where to change at the cave, Change of footwear for home travel (sandals, sneakers)

Be sure to leave the following at home:

- *Favorite or expensive items*
- *Non-prescription drugs (check in medications with Health Center)*
- *Electronic devices (cellphones, ipods, tablets, etc)*
- *Fixed blade knives & knives over 3”*
- *Food, candy, or gum (to prevent visits from animal friends)*
- *Tobacco products*
- *Blow-dryers/straighteners/curling irons*
- *Cash (camp store is by deposit only)*

